



The Friday Flier is an informational tool used to provide the BPS community with information regarding local events, youth activities and opportunities. Unless implicitly stated, these events are not endorsed by the Bismarck Public Schools.

HIDDEN IN PLAIN SIGHT

ALL PARENTS WELCOME!

AN INITIATIVE TO HELP PARENTS SPOT RISKY BEHAVIOR

MARCH 13TH 6:30 PM
Wachter Middle School
1107 S 7th St, Bismarck, ND 58504

APRIL 2ND 6:30 PM
Horizon Middle School
500 Ash Coulee Dr, Bismarck, ND 58503

VIRTUAL MOCK BEDROOM
CAN YOU SPOT THE RED FLAGS?
Q&A TO FOLLOW

With BPS Administration, Bismarck School Resource Officers, Bismarck Police Youth Bureau, & BBPH SAP Program Staff.

In this free, interactive display, learn how to spot warning signs, prevent easy access to alcohol & other drugs and get tips for communicating with teens.

Parents please enter through door 21 at Wachter Middle School on March 13th for this event.



Free Speech Therapy for Children

The Scottish Rite Speech Therapy Center for Children in Bismarck is presently accepting applications, online, at www.scottishritespeech.org. All services are free to children ages 2 through 7 with a qualifying application. For more information, please call 701-258-9132 or e-mail at speechtherapy@bismarckscottishrite.org.



Jody Olheiser Memorial Slush Run!

Join us in honoring Jody's memory and assisting BHS students by participating in the 2024 Jody Olheiser Memorial Slush Run!

Race Information:
When: April 6, 2024, race starts at 10am (day of registration starts at 9:15)
Where: Sertoma Community Center, 300 Riverside Park Road Bismarck, ND 58504
Registration Costs: \$25/racer (\$15 for BHS Students)
– How to Register: [Online now](#) until Sunday, March 31 or in person day of the race

Can't make it but would like to contribute? Donate to this scholarship [HERE](#).



Little Free Pantry

CHS Drama is partnering with BECEP to help keep their Little Free Pantry stocked. Items needed include household goods (laundry detergent, dish soap) and preschool sized waterproof mittens. Bring your items to any one of the musical performances to help support BECEP and the surrounding neighborhood.



Bismarck Parks and Recreation and Bismarck Public Schools are surveying high school students to see if there would be an interest in taking a lifeguard certification class. This is to address the need for lifeguards in the community. The certification curriculum and skills will be taught through the BPS class *Outdoor Leadership and Fitness (OLAF)*, which is a PE course offered through the Bismarck Career Academy.

Students must be 15 years old.

If you have interest in becoming a certified lifeguard and receiving this certification through OLAF, please express your interest by completing the attached survey.

Questions can be directed to Scott Nustad (snustad@bisparks.org); or Baron Blanchard (baron_blanchard@bismarckschools.org) <https://forms.gle/B3727onj1WAJYSks9>



Work at BLAST!

Students interested in part-time work opportunities should consider applying for the position of BLAST Leader at Bismarck Parks and Recreation.

Bismarck's Life After School Time (BLAST) program is an after-school recreation-based program that takes place at several BPS elementary school sites. Participants enjoy games and activities with their peers in a safe and supervised environment.

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BFSC Ice Show

Join our skaters as they travel across the country, hitting up a concert in each city they pass through. How many cities? How many concerts? Come along for the ride and find out on their Cruisin' Concert Series!

Featuring: The Capital Ice Chips, the 2024 midwest intermediate synchronized skating champions; Guest Skaters Leah Neset & Artem Markelov, the 2024 US Junior Ice Dance Champions and Members of Team USA.

This event is the Bismarck Figure Skating Club's biggest fundraiser of the year. It is also the largest ice show in North Dakota.

Kids 4 & under free



YMCA/Family Wellness Programming Upcoming Activities

- Youth Sports
- Itty Bitty Activities
- Youth Swim
- Youth & Family
- Child Care & Camps

Click [HERE](#) to see all activities and camps currently offered.

You Belong Here
Missouri Valley Family YMCA
www.bismarckymca.org

For Our Community
Family Wellness
www.familywellnessbismarck.org



Stem Adventure Camp and Club

Curious minds make happy STEM campers!

Our camps and clubs help children form friendships and develop a love for science, technology, engineering, and math (STEM) as early as first grade. The informal camp setting inspires a sense of wonder and curiosity in our campers as they get to see and do activities they might not normally get a chance to try!

STEM Adventure Club spring session begins soon!
Every Monday for a 6-week session March 11 - April 22
4:00 p.m. - 5:15 p.m.
Members / Non-members: \$75 / \$90

There's no better way to spend a day off of school than at a STEM Adventure Mini Camp!
March 15
April 1
8:00 am - 5:00 p.m.
Members / Non-members \$72 / \$90

STEM Adventure Camp 2024 registration is NOW OPEN!

Full and half-day camp options are available for students in grades 1-6. Full day camps are available for students in grades 7-9. All camp weeks are Monday through Friday with the exception of the first week of summer camp.
Grades 1-6 Pricing
Members/Non-members half day: \$120 / \$150
Members/Non-members full day: \$270 / \$335
Grades 7-9 Pricing
Members/Non-members: \$300 / \$360

To register your child for any of these programs, visit
www.gatewaytoscience.org/learn

NDGTS Survey

Please participate in our survey! In partnership with Visiting Scientist Series, we are looking to enhance engagement in STEM (Science, Technology, Engineering, and Mathematics) for students. STEM encompasses a wide range of exciting subjects that involve problem-solving, creativity, and critical thinking. Please take a few minutes to share your thoughts and experiences.

<https://forms.gle/yk9fsnZEScu1UDNT9>

Thank you for your feedback!



Summer Art Camps from May 20th through August 27th!

SCHOOL AGE

- One day all day camps
- All week all day /half days

PRESCHOOL AGE

- One day half day -mornings
- All week half days-mornings

HOW TO REGISTER? THROUGH OUR CALENDARS! SEE THE LINK BELOW!

Calendar & Camps link:
<https://tockify.com/art.for.all/pinboard...>

Membership is important- Save by becoming a member!

<https://www.theoartschool.org/membership>

- Child Membership (0-18): \$15.00
- Family Membership: \$30.00

Contact us at: contact@theoartschool.org!



Coldspring Easter Event

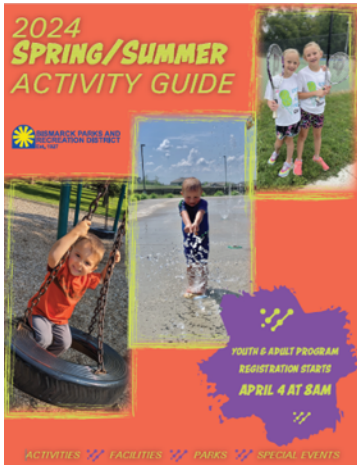
10am-1pm

Come to participate in an Easter Egg Hunt, face painting, bouncy house, Hipp Kids Therapy (farm animals), and live bunnies along with other goodies!

Location: Coldspring Bismarck, 13700 Trail Boss Way, Bismarck, ND 58503

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Registration Opens for Bismarck Parks and Recreation Summer Programs on April 4!

Visit bisparks.org to learn more and view the [online Activity Guide](#).

SEASON PASSES REPLACE SWIM PATCHES

Bismarck Parks and Recreation is swapping swim patches for pass cards at outdoor pools this summer! **Outdoor Pool Season Passes** will be available starting April 4 online or at the BPRD office. Check out all the details on the [BPRD website](#). **Get your pass by May 3, and you may win a gift certificate!**

GREAT JOBS!

Join the Bismarck Parks and Recreation team this summer - **APPLY NOW!**

Jobs for ages 14+ at bisparks.org/jobs!

- BLAST afterschool leaders
- Camp leaders
- Coaches & officials
- Concessions
- Facility attendants
- Fitness staff
- Front desk staff
- Lifeguards -[free training!](#)
- Maintenance
- Swim instructors



Bismarck Youth Baseball is accepting registrations for the 2024 season:

- **T-Ball**- designated for 6-year-old players. (May 1, 2017-April 30, 2018)
- **Rookie**- designated for 7- and 8-year-old players. (May 1, 2015-April 30, 2017)
- **AA**- designated for 9-year-old players. (May 1, 2014-April 30, 2015)
- **AAA**- designated for 9- and 10-year-old players. (May 1, 2013-April 30, 2015)
- **Majors**- designated for 11- and 12-year-old players. (May 1, 2011- April 30, 2013)

Registration for the Cal Ripken league division (ages 6-12-year-olds) closes March 31 - sign up today!

- **Babe Ruth**- 13-15 Year old Players
- **Legion**- 15-19 year old players

Registration for Babe Ruth league (13-15 Year olds) and Legion (15-19 year olds) closes May 1!

Please visit www.bismarckyouthbaseball.org for more information, and to register your child today!

VOLUNTEERS NEEDED!!

THE BISMARCK ADULT LEARNING CENTER NEEDS VOLUNTEERS IN OUR ENGLISH LANGUAGE CLASSROOMS!!
MON-THUR 9-11:30AM
MON-THUR 5:30-7:30PM

WE'RE FLEXIBLE! VOLUNTEER AS MUCH OR AS LITTLE AS YOUR SCHEDULE ALLOWS-TRAINING PROVIDED!

EMAIL ASHLEY_COLES@BISMARCKSCHOOLS.ORG
OR CALL 701-323-4530 X 3951

Adult Learning Center - part of Bismarck Public Schools
BSC Campus - 1200 College Dr. Bismarck, ND

DAKOTA POOL LEAGUE BISMARCK-MANDAN SINGLES YOUTH & JUNIOR TOURNAMENT

SATURDAY, MARCH 9th at 2:00PM
BISMARCK AMVETS

PRIZE FUND \$300 PLUS \$5 PER ENTRY MUST BE UNDER 21

FOR DETAILS & TO SIGN UP CALL 223-7588

YOUTH & JUNIOR FREE TOURNAMENT

Dakota Music

Tournament officials will place players in divisions according to age and skill level.



BMX Racing

Location: Cottonwood Park S. 12th S Bismarck, ND

Interested In trying BMX? Practices will start the last week of May. Our Race season starts June 3rd. The first race is FREE. Kids & Adults of any age are welcome to join at anytime. Check our Facebook for any updates.



Schedule: Race every Mon & Thurs with registration from 6-7pm. Free practice every Tues from 6-8pm. Racers are grouped by age & proficiency when possible.

Requirements & Equipment: Each racer must wear a full face helmet, long sleeve shirt and pant to the ankle during a practice or race. Kickstands, trick-pegs, chain guards and reflectors must be removed for safety reasons. We do have a limited amount of loaner bikes & helmets available free to rent.

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2024 Spring Bismarck Demon's 3 on 3 Basketball Tournament

 sponsored by: BHS Girls Basketball 
Sunday April 21st, 2024 – @ Wachter Middle School

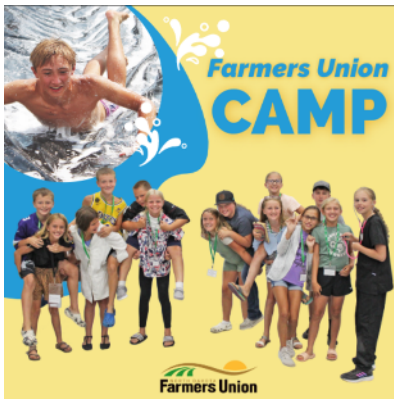
2024 Spring Bismarck Demon's 3 on 3 Basketball Tournament

BHS Spring 3v3 tournament will be held on Sunday, April 21st at Wachter Middle School (Girls and Boys Grade 2 - 8).

Cost: \$110 per team; each team guaranteed 3 games. Register by April 12th.

Location: Wachter Middle School Bismarck, ND

For more information and to register: [BHS Demon Girls 3 on 3 Basketball Tournament \(Spring 2024\) \(google.com\)](#)



Farmers Union Camp

Kids enjoy team-building activities and leadership development in a FUN camp setting that includes water games, theme nights, sports, campfire, talent show, games, banquet, co-op education and more! Camps are held near Elgin and Jamestown in June, July and August for kids in grades 3-6 and 7-12. Free transportation is provided. Register by May 15 thru the NDFU mobile app or online at ndfu.org to get the early bird discount. Financial scholarships are available. Go to ndfu.org for details or call 800-366-6338.



VCSU MBB 3 on 3 Tournament

VCSU Men's Basketball will be hosting a 3 on 3 tournament on Sunday, April 21st. All games will be played at W.E. Osmon Fieldhouse "The Bubble" on the VCSU Campus. The cost is \$90 per team, and the tournament is open to Boys & Girls teams grades 3-12. Registration is available online or by mail, and is due by Friday, April 12th. If you have questions, contact Timothy.Wagner@vcsu.edu



North Dakota Waterfowl Brigade

Be part of the first North Dakota Waterfowl Brigade in Washburn, ND, June 3-7. The Brigade is a 5-day immersive camp for kids aged 13-17 centering on waterfowl and their habitats. The goal of the camp is to develop conservation leaders and ambassadors that support natural resource conservation into the future. The camp provides an intensive and exciting educational experience. Cadets will learn from professionals about the biology, habitat, and ecology of waterfowl while strengthening leadership, team building, and critical thinking skills. Students must submit a camp application by March 15 to attend this summer's camp. Tuition is \$500 per cadet and sponsorships may be available. To apply go to www.texasbrigades.org. For more information contact Jennifer Kross at jkross@ducks.org or 701-202-8896.



Spring High School Clay Target League Sign-Up now Open

Registration for all six Bismarck-Mandan High School Clay Target League teams competing in the 2024 Spring North Dakota State High School Clay Target League (ND CTL) is now open. The spring season consists of eight weeks: orientation/optional practice week, practice week, a reserve week, and five weeks of league competition on Sunday afternoons (excluding Easter) from Mar. 24th to May 19th. Participants from all six Bis-Man middle and high schools in grades 6-12 with hunter's education may register by logging on to: mrctl.wordpress.com/register-now. Participants who do not yet have their hunter's ed may also register but will be required to take a SAFE course at an additional cost prior to being allowed to participate.

Participants can join one or all of four shooting sports disciplines: trap, skeet, 5-stand or sporting clays. Trap rounds will be logged at Capital City Gun Club located four miles north of Bismarck on Highway 83. Skeet, 5-stand and sporting clays will be logged at Capital City Sporting Clays located ten miles east of Bismarck on 71st Ave NE. Trap is capped at 240 participants. Registration will be open until 5pm sharp on Monday March 11th or until any caps have been met.

The Spring 2024 season cost for trap is \$350.00 via credit card online and \$35.00 by credit card online to the ND CTL for league registration at a later date. Costs cover all shells and targets for the entire spring season and include a team jersey. Parents can enroll their youth or learn more about the teams by emailing mrctl25@gmail.com

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Field Trips

Come to our Studios or Offsite!

Let's Do Art!

Field Trips are Powerful Learning Experiences and full of new memories! Come to our studios or we can come to you! All art supplies are included. All groups are welcome.

AGES: 3 and up

COST: One-hour field trip \$3.50/student

Two-hour field trip \$7.00/student

Art Options always available:

- Acrylic on Canvas
- Oil Pastels
- Chalk Pastels
- Watercolors

This year we are adding ceramic painting with small ceramic pieces.

Payment Options:

1. Check or credit card online prior to the field trip
2. Check, cash, or credit card online the day of the field trip

[Contact us for more information!](#)



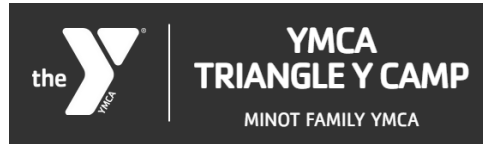
FUNCTIONAL MOVEMENT CLUB

FOR YOUTH AGES: 10-18

BY STEVE KUBISIAK

FOR MORE INFORMATION:

<https://functional-movement.webador.com/>



Triangle Y Camp

Camps dates run through June 2024-August 2024 with options for multiple age groups.

Location: Triangle Y Camp, 1251 A 47th Ave NW, Garrison, ND 58540

For more information, visit

www.triangleycamp.org



The United States Air Force Band & Singing Sergeants

The United States Air Force Band and Singing Sergeants will be with us in just over a month!

These world class ensembles will present a concert on Thursday, April 4th at 7:00 PM in the Century High School Olson Gymnasium. This is guaranteed to be an outstanding performance and as the military bands only make their way to our area once or twice a decade, so we strongly encourage all of you and your students to take advantage of this fantastic opportunity. Some of our Century High School band students will even have the chance to perform with them on a selection!

Tickets are FREE, but advanced reservations are suggested to ensure your spot. Click the link below for more information. Click [HERE](#) for more information.



Bismarck Youth Fastpitch 2024 Summer League Registration

2024 BYFSA Summer League Registration is NOW OPEN

Visit

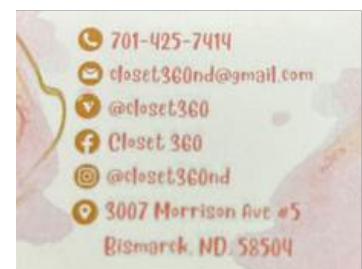
www.bismarckfastpitch.com/summer-league for more information and to sign up!

Early bird discount expires on April 15 and registration closes on April 30.



Gently Used Prom Dresses for Sale at Closet360

Closet360 is a local resale store that allows sellers to sell their gently used items and PROM Dresses! They have a great variety of dresses in store to try on and available to purchase at a fraction of the price. For more information, please see the following contact information and social media pages below:



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The Race to Zero

The Race to Zero began in 2014 as a SAPR project of the North Dakota National Guard. This year, 2024, is the 11th Anniversary of this race. The North Dakota National Guard SAPR program partnered on this project with the Abused Adult Resource Center (AARC) in Bismarck, and CAWS North Dakota. April is SAP Month, as well as Child Abuse Awareness and Prevention Month. The Race to Zero is specifically held in April to raise awareness and promote community involvement. By coming together at multiple levels of society-in our homes, neighborhoods, schools, faith settings, workplaces, etc.- to establish norms of respect, safety, equality, and helping others, we can build a world free from violence.

The Race to Zero is a great family fun race, or volunteer opportunity. If you would like to volunteer please email Erica at erica.j.davidson2.civ@army.mil or Shanna at Shanna.l.lindquist.civ@army.mil

If you would like to register to participate, click [Here](#)



Volunteering

The Abused Adult Resource Center is always looking for volunteers to help out at our store, Seeds of

Hope. If you're interested in volunteering, we can help you with your hours for the Honor Society or

other programs that require volunteer hours. To apply, please visit our website and fill out the online application. You can click on this link [HERE](#) to access the application. Alternatively, you can contact Blaine Finneseth, our Volunteer Coordinator for AARC, by emailing him at blainef@aarcnd.com.



Join the team at the Dakota Zoo!

It takes A LOT to run a Zoo. Just as we provide world-class animal care, we also aim to please our guests. The Zoo is seeking friendly, customer-service-oriented individuals to join our Guest Services Operations team. This multifaceted position supports guests' needs by processing general admission, membership, and gift shop sales and providing visitor assistance upon entry to the Zoo. Opportunities are also available in our concession stand for general food service preparation and operation of the zoo's train ride.

Our summer season runs from mid-April through October. Applicants must be 16 years of age or older. Applications are available on our website and may be mailed, emailed, or dropped off at the admission office.

Visit

<https://www.dakotazoo.org/employment/> for more information.



Girl Talk

Essentia Health Mid Dakota Women's Center invites girls ages 9-13 and their mothers to attend this special "Girl Talk" session. Girl Talk is a workshop where you will learn and discuss: The Menstrual Cycle, Acne & Hygiene, How to Shave; Nutrition During Your Period; Breast Development; Fitness During Your Period; Menstrual Products...plus more!

Cost: FREE

Registration: Required (scan QR code to register online or visit Essentiahealth.org/classes-events -- Community Education -- Girl Talk - Bismarck, ND.



District Calendar

- **Mar. 15** - Storm Make-Up Days - No School
- **Mar. 29** - Good Friday - No School
- **Apr. 1** - Parent Teacher Conferences - No School
- **Apr. 29** - Storm Make-Up Days - No School
- **May 23** - Last Day of School
- **May 23** - SCHS Graduation
- **May 26** - BHS, CHS, LHS Graduations

